



# NEWSLETTER

Oct 17th, 2024

## SCHOOL-WIDE

### FALL PARENT-TEACHER CONFERENCE

The Fall Parent-Teacher Conference is scheduled for Friday, November 1, from 8:00 to 17:00. Our parent-teacher meeting is a one-to-one conversation between teachers and parents. A foreign teacher and a Chinese tutor communicate with each other about students' study and life. This is a close alliance between parents and school to help students better move towards their goals and let us know the true thoughts of parents

[\[link\]](#) for time

时间：11月1日(星期五) 8:00-17:00

我们诚挚邀请您拨冗参加，与孩子的老师们面对面交流，深入了解孩子的学习进展，共同探讨他们的成长目标，并为未来的提升制定更有效的计划。



### 2024-2025 FIRST QUARTER

The first quarter of this semester has ended on October 18th. We have organized many interesting activities to accompany the students through another stage of growth. Please pay attention to their academic performance this season, and encourage their children to continue to work hard and enter their ideal university!



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## SICKNESS POLICY

The medical attention of a student is the responsibility of the parent. Students should not be sent to school if they have bad colds, bad cough, fever (above 99°F/37.7°C), nausea, or have vomited in the past 24 hours. Keeping a sick child at home keeps the school a healthier place to learn.

Your child will be sent home from school for any of the following reasons:

- Temperature of 99°F (37.7°C) or above
- Vomiting (throwing up)
- Discolored nasal discharge
- If the student is too ill or uncomfortable to adequately function in a classroom setting
- Frequent diarrhea
- Suspected contagious illness, rash, spots or blisters
- Potential concussion

Sick students will be sent home after parents or emergency contacts have been notified. Parents will be asked to pick up their sick child as soon as they can, preferably within an hour after the phone call. Sick students will not be sent home on a regular school bus. All ECC and ES students must be picked up by a parent or guardian. A child will not be sent home without first contacting a parent. MS and HS students may go home in a taxi or other transportation with permission by parent. If parents are not reachable, the emergency contact needs to be notified. If a student is sent home due to illness, they may not return to school the same day.

Students may return to school:

- Nasal discharge or phlegm is clear
- No fever for 24 hours (no medication to reduce fever for 24 hours)
- Has not vomited or had diarrhea for 24 hours  
(if sent home with fever, diarrhea, or vomiting the student may not return to school the next day)
- In the case of a contagious disease, return to school will be determined on a case-by-case basis

If a child is recovering from an illness or injury and is required to stay indoors during recess or physical education, a written note from home must be sent with the child to the child's teacher. The school nurse will also receive a copy of this note.

## LIFEPLUS MIDDLE SCHOOL SOCCER TOURNAMENT LIVE STREAM

This Thursday through Saturday, we are excited to bring you live streams of all of the action from the LifePlus Middle School Soccer Tournament. We want as many people watching as possible during the tournament.

We will have student and staff volunteers commentating on as many games as possible, which will add to the excitement of the games.

[Boys' Game Link](#)

[Girls' Game Link](#)

Let's join together and cheer on our LifePlus Soccer teams as they gather in Wuhan.

## UPCOMING SPORTS EVENTS

The following sports events will take place in the next few weeks:



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- Thursday-Saturday, October 24-26 – YHIS MS Soccer will attend LifePlus MS Soccer tournament in Wuhan
- Saturday, November 2 – YHIS will host YEASA HS Volleyball Festival with YIA, YWIES, WZIS (Weihai Zhongshi International School)

## • CHINESE LUNCH MENU UPDATES

As shared previously, we are introducing Western dishes to complement the Chinese dishes. Next week's Chinese menu has some updates, which are highlighted at the bottom of this newsletter. We appreciate your ongoing feedback and will continue working on improvements to better meet your expectations.

## Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Korean/ Western	Bibimbap#*^, Beef Radish Soup*	Multigrain Rice*, Kimchi Tofu Soup#*, Pork Bulgogi*, Stir-fried Glass Noodles*, Pop Corn Chicken Salad*^	Black Bean Sauce Noodles*&, Egg Soup^*#, Sweet and Sour Pork*^, Chili Shrimp*^#, Cabbage Salad^	Stir-fried Kimchi Rice*#, Egg & Bean Sprout Soup#^*, Smoked Duck*#, Seasoned Spinach*, Dried Seaweed#, Sweet Potato Salad^&	Hamburger^*&, Potato Wedges, Corn Salad^, Juice
Chinese	Multigrain Rice, Fried chicken fillet*, Braised Ribs with White Gourd*, Fried Cabbage with Noodles#*, Millet Porridge	Multigrain Rice, Fried Streaky Pork, Meat sauce macaroni&*, Fried Potato Sticks with Celery* Cornmeal Porridge	Multigrain Rice, Crispy Fried Pork*^, Ham and Bacon Sandwich**&*, Scrambled Eggs with Spinach^* Cornmeal and Rice Porridge	Multigrain Rice, Sweet and Sour Pork^*, Orleans chicken wings, Fried Vegetables with Mushroom* Cornmeal Porridge	Multigrain Rice, Pork Wrap*^&*, Fried Shrimp#*^, Stir-fried Eggs with Tomatoes^* Seaweed and Egg Soup^#*,
Fruit	Seasonal Fruits				

### Allergies:

\*Wheat

#Seafood

&Dairy

^Eggs

@Nuts

\*If a salad is served with a specific dressing, the allergens are listed on the menu. However, for the salad with optional dressings, the allergens are not listed.



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